



**GOOD FOOD  
CHANGES  
EVERYTHING**



Here at The Farm Kitchen, my team and I are on a mission to make sure that every child in Lincolnshire has a healthy, nutritious meal every day to help them learn and develop at school.



Having grown up on my family's Lincolnshire farm, I'm a big believer in the benefits of cooking with fresh, seasonal food. And thanks to my training as a Cordon Bleu chef, I am passionate about healthy food packed with flavours, which is why I personally create all our recipes and menus.

From bolognaise to the classic roast, we freshly prepare and cook our meals every day in our kitchens. Each dish is prepared using plenty of delicious, locally sourced produce to make sure it really is the healthiest, tastiest version of itself.

From our family-run farm in the heart of Lincolnshire, we want to inspire children to make healthy, sustainable food choices that can make a real difference to them and the world around them now and in the future.

*Victoria*

**Victoria Howe,  
Founder & Director**





## **BECAUSE WE CARE**

We know what a difference a really good meal can make to a child. Every single person on our team is dedicated to making sure our food is prepared with care and tastes amazing.



## **HEALTHY EATING**

Our recipes are all good-for-you family favourites, packed full of fresh, healthy ingredients that will help support every child's physical development and mental wellbeing at school.



## **FOOD EDUCATION**

From trying new foods to growing their own vegetables, we help children understand where their food comes from and the importance of making healthy, sustainable choices.



## **SUSTAINABILITY**

We are committed to reducing our impact on the environment, from sourcing local produce and reducing food waste to using solar power and re-usable packaging.



**WOULD YOU LIKE YOUR  
CHILD TO ENJOY FREE  
SCHOOL MEALS?**



School dinners in England are free for all children in Reception and Key Stage 1. This means these children can enjoy the benefits of a healthy hot meal every day they're in school.

If you'd like your child to have free school meals, here is what to do:

1. Ask The Farm Kitchen for the username and password for your child – [enquiries@thefarmkitchen.com](mailto:enquiries@thefarmkitchen.com)
2. Go to [www.thefarmkitchen.com](http://www.thefarmkitchen.com) and click on 'Log in for parents'
3. Enter the username and password you have been given by The Farm Kitchen
4. Click on the Menu tab to choose the meals your children would like to eat each day from our termly menus

If your child is in Key Stage 2, we can still provide them with a hot school meal every day. Please email us for more information or if you need any further help.



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[www.thefarmkitchen.com](http://www.thefarmkitchen.com)